

NAME: _____ DOB: _____

Occupation: _____

Stress Level: 1 2 3 4 5 6 7 8 9 10

Do you participate in Sports?: YES NO

(1= no stress - 10 = lots of stress)

Type: _____

Cosmetic & Clinical History

Current feeling about your skin: _____

Reason for appointment today: _____

Previous skin care used (last 5 yrs): _____

Why no longer used: _____

Previous clinic services/frequency: _____

Were your expectations met previously: _____

Current Skin Care Products Used & Regime

TYPE	BRAND	SKIN TYPE LABELED FOR
Cleanser		
Toner		
Moisturizer		
Night cream		
Eye cream		
Exfoliants		
Masks		
Sun protection		
Makeup		

Nutritional Information

Food intolerance: _____

Food allergies: _____

Vitamin supplements: _____

Fluid intake:

Water: _____ cups per day Coffee / tea: _____ cups per day

Alcohol: _____ glasses per week

Sun Exposure & Genetic History

Tanning ability: _____

MCIR Gene (redhead): _____

Maternal parental genetic history: _____

Tanning bed history: _____

Chronic illness/conditions: _____

Please circle any that apply

Diabetes / Type _____

Anemia

Blood pressure medication

Cardiovascular medication

Hepatitis

Immune disorder

Smoker

Epilepsy / medication

Thyroid disorders

Keloid scarring

Vertigo

Additional information: _____

I agree that I will use the Dermaidual Products provided as instructed by office staff only. These products are specifically formulated for my personal use and are *non refundable* .

SIGNATURE : _____ **DATE:** _____

